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**Fox Run**  
Assisted Living  
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Iowa  
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**Heritage Pointe**  
Assisted Living &  
Memory  
Support  
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**Heritage Ridge**  
Assisted Living,  
Independent  
Living & Memory  
Support  
Bellevue, Nebraska  
402-932-1881

**Meridian**  
Gardens  
Assisted Living &  
Memory Support  
Columbus,  
Nebraska  
402-564-6300

**Northern Hills**  
Assisted Living &  
Independent  
Living  
Sioux City, Iowa  
712-239-9402

**Shalimar**  
Gardens  
Assisted Living &  
Memory  
Support  
Fremont, Nebraska  
402-721-1616

**Professionally**  
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Omaha based  
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11717 Burt Street  
Suite 102  
Omaha, Nebraska  
68154  
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### Believe in the Magic of Christmas at Northern Hills

It was hard to believe, but here it was again, time for our annual Christmas Party. Just as in previous years, Northern Hills Independent staff hosted a huge party for all of our residents. The theme was "Old Fashion Christmas" and that it was! Not only did we serve a salad bar and a full dinner, but the dessert bar was filled with every goody imaginable. An old fashioned candy jar filled with all the candy one would want, cookies, and homemade candy.



The highlight of the dessert table was our Christmas village. No, not any village, but made entirely of cake and candy. The houses, the people, gingerbread of course, a Christmas train, even Santa and the reindeers all made out of cake, cookies and candy. Of course all the pets in our facility were not forgotten, they all received a goody bag. Residents played games and won prizes and all of us sang Christmas Carols. And as the festivities wound down it was unanimous, this Christmas Party will be hard to top, but we sure will try next year!



### HO! HO! HO! HOLIDAYS at Shalimar Gardens

The Fremont Academy of Dance stopped to perform their Christmas dance for all of the residents. The residents loved their dancing especially the little snowmen.



Santa Claus stopped by to visit the residents and Esther Roeber decided to make sure it really was really Santa Claus.



Marian Belfiore and Jane Johnson enjoy looking at all of the Gingerbread houses at the Mormon Trail Center in Omaha. A big day of visiting the Gingerbread Houses and a quick stop at Hobby Lobby on our way back to Fremont.



Carolyn Rasmusson took part in the November Mystery Chef.

Residents enjoyed helping to make the cookie/candy turkeys just in time for Thanksgiving.



Joe Kloke retires after 9 years of service. Joe was roasted by Farhan and Cheri Cruthoff on November 16<sup>th</sup>. The residents loved the cake and enjoyed listening to all of the stories about Joe and the Maintenance Staff.

### Unmistakable Holiday Season at College View



The smell of sugar cookies baking, beautiful melodies of traditional and upbeat Christmas songs performed by community carolers echoing down the halls. The spirit of the Christmas season is contagious!

This year the staff at College View was treated to a Christmas luncheon. Staff was invited to come to this new spin on our yearly Christmas party to have a chance to socialize and share the holiday season together. There were drawings, good food and of course Christmas music. There was a wonderful turnout making the event a success.



The staff eagerly awaited the resident Christmas party to watch the residents open their "Secret Angel" gifts. The "Secret Angel Program" allows staff to anonymously leave small tokens of love for the residents to enjoy. Though it's a mystery to the residents and other staff members of who has who, the gratitude and joy is overwhelming. Residents leave "To My Secret Angel" notes on the bulletin board where staff is able to read and enjoy, as well as other residents. The joyous spirit of giving brings much happiness and love to our College View Family.



### That's a lot of cookies at Fox Run!

Approximately 150 guests and residents joined in on the Cookie Exchange fun coupled with hot chocolate and music by Wayne Miller. Guests participated in the fun with dancing and singing. A few younger guests got to shake the Jingle Bells along to the music. It was a great time had by all.



There was also a lot of cooking and eating—over 200 decorated Christmas cookies, chocolate covered pretzels, chocolate chip cookie bars, peppermint ice cream sundaes—shopping trips and lunch outings and snowman craft to add to the fun!



### Meridian Gardens Joy of a Secret Santa

One of many special activities in December at Meridian Gardens is the Secret Santa Program. With the hustle and bustle of the season, it is wonderful to see how our staff pauses to provide something special for each resident. The program is simple. Staff members draw a resident's name and secretly find out what they might like for Christmas. Staff then provides a Christmas gift for that resident and puts it under the tree in the front lobby.



The lobby is filled with anticipation as the festivities begin. Staff and residents join together singing Christmas carols, while some busy elves begin to pass out each present. Cameras are flashing, wrapping paper is everywhere and the lobby erupts with the sound of laughter and joy. What a wonderful time for all, as staff and residents have the opportunity to share in the joy of giving and receiving during this very special season.



Decorated doorways lined our halls, Christmas carolers brought sweet music to our ears, cards and letters warmed our hearts – Christmas cheer was everywhere. We saw a magic show, made special cards & ornaments, built a Gingerbread house and a Gingerbread Christmas Tree. There was a special sing-along sponsored by the Lowry Organ store and our residents enjoyed the sights and sounds of Christmas at the Durham Museum. Two full bus loads of residents viewed area Christmas Lights, and the drive past a live nativity. Residents enjoyed the 8<sup>th</sup> grade band from Logan Middle School who played in our pub and the 4<sup>th</sup> graders from Cornerstone Christian School. They joined in doing a craft with the residents, singing a little and listening to two of our residents; Jack Bourdess who played the harp and John Baburek who played the harmonica. Christmas dinner was a wonderful buffet of prime rib served for our residents and their friends and family members.



### "It's been a Holly Jolly Christmas" at Heritage Ridge



Christmas pictures were taken for our residents with their choice of two backgrounds: first a fireplace with a decorated mantle, and second a green screen. The green screens shots made it possible to paste in some fun backgrounds. Everyone at Heritage Ridge is looking forward to another great year.

A very special Christmas at Heritage Pointe

### A very special Christmas at Heritage Pointe

The decorations were up throughout the building, and the residents had a great time decorating their doors and shelves. We had a lot of special events at Heritage Pointe throughout the month, but the biggest event was our family Christmas party. We had the building full of family and friends; many tasty desserts to sample; and music entertainment with Michael Lyon. It was truly a wonderful evening for everyone. Residents were able to listen to a variety of Christmas Carols as we had several groups come to sing for us. There were several trips for the residents to celebrate Christmas that included looking at Christmas lights; a trip to the Mormon Trail Center to see the gingerbread house display; and made a few shopping trips to make special purchases. We had several Christmas church services throughout the month of December, and a Christmas Eve service provided by Spirit of Faith Church. Our month was finished out with a New Years Eve Party in the lobby to usher in 2012. Happy New Year to all!



Christmas pictures were taken for our residents with their choice of two backgrounds: first a fireplace with a decorated mantle, and second a green screen. The green screens shots made it possible to paste in some fun backgrounds. Everyone at Heritage Ridge is looking forward to another great year.

